

TRANSFORMING FOOD SECURITY AND NUTRITION - PERSPECTIVES FOR FOOD JUSTICE



FOOD INSECURITY

- POVERTY DRIVER + A CAUSE
- CRIMINALIZATION OF POVERTY
- LACK OF LIVABLE WAGE FOR WOMEN
- DISCRIMINATION BLACK / INDIGENOUS
- LACK OF ACCESS TO NUTRITIOUS FOOD IN RURAL COMMUNITIES



FOOD SYSTEMS

- CHALLENGES → ACCESS TO LAND
- PROFESSIONAL CREDIBILITY
- ACCESS TO LEADERSHIP ROLES
- WORK/FAMILY BALANCE

GENDER LENSE

BARRIERS FOR WOMEN + GIRLS

- ACCESS TO RESOURCES
- POLICIES
- EDUCATION
- LANGUAGE
- TIME CONSTRAINTS TO PREPARE MEALS
- HEALTH



RESILIENCE

- LOCAL NEEDS
- NETWORKING
- INCLUSIVE DECISIONS RESPECTFUL
- PASSION FOR CHANGE

FEMALE LEADERS



EFFECT OF FOOD INSECURITY ON GENDER EQUALITY

- WOMEN'S RIGHTS
- COMPLEX PROCESS TO ACCESS FOOD AID FOR MOTHERS
- LIMITED ABILITY TO ASK FOR HELP
- REMOVAL OF CHILDREN

DESIGNING PROGRAMS



IMPACT OF FOOD INSECURITY ON RACIALIZED COMMUNITIES

- LOW-WAGE PAY
- FOOD PRICES
- SAFETY PROTOCOLS
- SINGLE MOTHERS
- CELEBRATE EQUITY DIVERSITY
- WHAT WE DO
- FAIR COMPENSATION
- PRIORITIZE RESIDENTS
- ACCESS TO HEALTH BENEFITS



SOLUTIONS

- BRING WOMEN + GIRLS TO THE CENTER
- ENGAGE MEN IN THE PROCESS
- ENGAGE ELDER WOMEN
- WORKING TOGETHER
- MAKE FOOD SYSTEMS MORE EQUAL
- EMPOWERMENT OF WOMEN TECHNOLOGIES + \$\$\$
- INVOLVEMENT IN BOARDS
- REMOVING BARRIERS
- ADDRESS INCOME DISPARITIES
- ADVOCACY
- FUNDRAISING + SHARING OF RESOURCES
- BLACK INDIGENOUS VOICES